Unique Plan Description: Stroke Adult Subphase
Plan Selection Display: Stroke Adult Subphase
PlanType: Medical
Version: 1
Begin Effective Date: 12/12/2011 12:06
End Effective Date: Current
Available at all facilities

Stroke Adult Subphase

Vital Signs/Monitoring
- Neurological Checks
  - Q4HR (DEF)*
  - Q1HR
- Patient Monitor
  - Telemetry, Constant Indicator (DEF)*
  - Cardiorespiratory, Constant Indicator
  - Cardiorespiratory and Pulse Oximetry, Constant Indicator
  - Pulse Oximetry, Constant Indicator

Review current vital sign order and if not set to at least Q4HR, discontinue the previous vital sign order and order the one below.(NOTE)*

Vital Signs
- Basic Vital Signs, Q4HR

Nursing
- Nursing Swallow Assessment
  - Swallowing assessment using 30 ml water, ONCE

Diet
Discontinue any previously ordered diets when ordering this subphase to avoid conflicting diet orders.(NOTE)*
If dietary fluid volume restriction is needed, place under the line item of "Dietary Fluid Restricted" in the individual diet order.(NOTE)*
- NPO
  - Including Medications, until swallowing cleared
- Advance Diet as Tolerated
  - Advance To Regular Diet, As Tolerated, per Guidelines, after pt cleared by swallowing study (DEF)*
  - Advance To Dysphagia Puree (Level 1), As Tolerated, per Guidelines, after pt cleared by swallowing study
  - Advance To Low Sodium Diet, As Tolerated, per Guidelines, advance after pt cleared by swallowing study
  - Advance To Adult Diabetic Diet, 1800 kcal, As Tolerated, per Guidelines, after pt cleared by swallowing study
  - Advance To Adult Diabetic Diet, 2000 kcal, As Tolerated, per Guidelines, after pt cleared by swallowing study
  - Advance To Adult Diabetic Diet, 2200 kcal, As Tolerated, per Guidelines, after pt cleared by swallowing study

Medications
- Venous Thromboembolism Prophylaxis(NOTE)*
- Venous Thromboembolism Risk Assessment
  - High Risk-A Major Risk or >1 Minor Risk (DEF)*
  - Special Circumstances Apply | High Risk-A Major Risk or >1 Minor Risk
  - Prophylactic Medication Contraindicated | High Risk-A Major Risk or >1 Minor Risk
- Compression Device/Stocking
  - Seq Compress - Below the Knee | Grad Compress Stocking - Knee High (DEF)*
  - Grad Compress Stocking - Knee High
- Reason Stroke VTE Mechanical Prophylaxis Not Ordered
- heparin SQ (concentration=5000units/mL)
  - 5,000 unit, SQ, Injection, Q8HR
  - Comments: For VTE prophylaxis - for HIGH VTE RISK
- Reason Stroke VTE Pharmacological Prophylaxis Not Ordered
- Reason Antithrombotics Not Given by End Day 2
- aspirin plain oral solid
  - 325 mg, PO, Tab, Every Day
- aspirin enteric-coated oral solid
  - 81 mg, PO, EC Tablet, Every Day
- aspirin-dipyridamole 25-200mg oral solid
  - 1 cap, PO, BID
- clopidogrel oral solid
75 mg, PO, Tab, Every Day
atorvastatin oral solid
80 mg, PO, Tab, QPM
simvastatin oral solid
40 mg, PO, Tab, QPM (DEF)^
80 mg, PO, Tab, QPM

Laboratory
Lipid Screen
Blood, Routine collect, AM LAB 1 time(s)
Comments: Fasting
LDL Cholesterol
Blood, Routine collect, AM LAB 1 time(s)
Comments: Fasting
Hemoglobin A1c
Blood, Routine collect, AM LAB 1 time(s)

Rehab PT/OT/ST/AUD
PT Adult Eval and Treat
OT Adult Eval and Treat
Speech Therapy Adult Eval And Treat
Bedside Swallow Evaluation
Dx Ischemic Stroke

Radiology/Imaging
CT Head or Brain w/o Contrast
US Carotid Duplex Bilateral
US Transcranial Doppler Complete
MRI Brain w/o Contrast
MRA Head w/o Contrast

Diagnostic Tests
All diagnostic tests must be ordered on paper diagnostic order forms.(NOTE)^
>>> NOTE: Order Transthoracic Complete 2D ECHO to be scheduled as soon as possible. This requires a paper order form.(NOTE)^

Consults/Ancillary Services
All medical service consults remain on paper consult form.(NOTE)^

Other
Patient Education
Perform Stroke Education

*Report Legend:
DEF - This order sentence is the default for the selected order
GOAL - This component is a goal
IND - This component is an indicator
INT - This component is an intervention
IVS - This component is an IV Set
NOTE - This component is a note
Rx - This component is a prescription
SUB - This component is a sub phase